

# Ashburton Riders Club (ARC)



## Code of Conduct

### Introduction

Participation in the ARC rides is open to anyone. ARC seeks to be inclusive of, and helpful to all riders on the ARC list, and it welcomes male and female cyclists of differing abilities.

As ARC activities increase in popularity and we further develop our identity and team spirit through club rides, participation in cycling events, and by way of our ARC jerseys, we must acknowledge and accept our community responsibilities and the reputation of our corporate sponsors. Therefore, to assist our riders with living up to these responsibilities, ARC has chosen to adhere to the Cyclist Code of Conduct published by VicRoads, much of which has been reproduced below. The full CoC can be accessed at;

[http://www.vicroads.vic.gov.au/vrme/vrme5nav.nsf/v/278D012AE94E0ECCCA2571CC000A60DC/\\$file/CyclistsCodeOfConduct.pdf](http://www.vicroads.vic.gov.au/vrme/vrme5nav.nsf/v/278D012AE94E0ECCCA2571CC000A60DC/$file/CyclistsCodeOfConduct.pdf)

ARC riders are requested to read and embrace the letter and spirit of the CoC going forward.

ARC riders guilty of repeatedly ignoring the CoC may find themselves excluded from ARC communications and group rides for a period of time.

---

## VicRoads Cyclists Code of Conduct (appended)

The road cycling CODE OF CONDUCT has been developed to encourage safe riding by cyclists using the road, especially while training in groups. Cyclists support shared respect for all road users by setting an example of good conduct for others to follow.

### 1.0 Risk & Safety

Riders need to develop adequate cycling skills for the safety of themselves and other road-users.

- 1.1 Keep your thumbs wrapped around the handlebars so you don't lose grip if you hit an unexpected bump.
- 1.2 Keep adequate space around you to avoid close overlapping of wheels or cutting in too soon after passing.
- 1.3 When slowing or stopped, keep your handlebars parallel with others to avoid your bars being hooked by other riders who may pass around you.
- 1.4 Look ahead and be aware of what is happening in front of you.
- 1.5 Watch out for cars behind you, or a car pulling out onto the road. Be aware of car doors opening, by spotting drivers inside the car. Try to make eye contact with drivers and alert other riders of possible danger.
- 1.6 Small groups and individuals can use a 'hook turn' to turn right at intersections.
- 1.7 Warn slower riders that you are passing and give them adequate room as you pass.

### 2.0 Rules & Recommendations

- 2.1 Cyclists must abide by the road rules just as motorists do. Bicycles are classified as a vehicle and penalties apply to offenders. (see below examples)

- 2.2 Cyclists must stop at red lights. For larger cycling groups, riders may have to separate to obey a red signal, and should communicate to others by calling “stopping”. Riders ahead may cooperate by slowing down until chasing riders catch up.
- 2.3 Stopping at red lights provides an opportunity to meet the challenge of catching other riders ahead.
- 2.4 Keep as far left on the road as practical, to allow clear passage of passing traffic.
- 2.5 Cyclists are permitted to ride two abreast, however, in some circumstances it is safer to ride single file. At times, it may be preferable to use more of the lane to deter traffic from squeezing past. Give clear signals of your intentions.
- 2.6 Recognize lane markings. When necessary to use outer lanes, you may only cross broken white lines to pass. Do not cross unbroken white lines or double white lines.

### 3.0 Responsibility

Responsible conduct as a road user means compliance with road laws and setting a good example for other road users:

- 3.1 Road cycling can be extremely rewarding but not if people are injured in the process. Recreational cycling should have a focus on safety before performance.
- 3.2 Refrain from following other’s poor conduct; cycling’s reputation with other road-users is at stake. Understand that your conduct is an example to others.
- 3.3 Recognised signalling and/or verbal communication of your intentions enhances road-user safety for all.
- 3.4 Avoid sudden changes in riding direction or speed when in a peloton, as this can be hazardous to others, especially in larger cycling groups.
- 3.5 Respect how difficult it is for larger vehicles to pass cyclists with care. Do not ride past and stop in front of a stationary large vehicle stopped at red lights.

#### Penalties for cyclists

Bicycle towed by other vehicle	\$50
Fail to comply with roundabout requirements	\$50
Fail to give signal when making right turn or U-turn	\$50
Fail to give way at intersections	\$50
Fail to have lights or equipment	\$50
Fail to keep left of centre	\$50
Fail to obey traffic sign ( e.g. One Way)	\$50
Fail to use bicycle lane where provided	\$50
Fail to wear securely fitted Australia approved bicycle helmet	\$50
Overtake to left of left turning vehicle	\$50
Ride more than 2 abreast	\$50
Ride over double lines	\$50
Riding improperly	\$50
Fail to have at least 1 hand on the handlebar	\$50
Fail to obey stop sign	\$165
Fail to obey give way sign	\$165
Fail to obey traffic lights	\$200